

CATES

California Addiction Training and Education Series

S p r i n g
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PTSD and Substance Abuse: Understanding the Challenges Experienced by Returning Military Members and Their Families

February 17, 2010
Rancho Los Amigos National
Rehabilitation Center
7601 E. Imperial Highway, Room 1150
Downey, CA 90242
(Los Angeles County)

February 19, 2010
Regional Center of Orange
County, Board Rooms A & B
801 Civic Center Drive West
Santa Ana, CA 92701
(Orange County)

April 27, 2010
Veterans Hall
1425 Veterans Memorial Circle
Yuba City, CA 95993
(Sutter/Yuba Counties)

April 29, 2010
Masonic Center
2500 Masonic Drive
San Jose, CA 95125
(Santa Clara County)

Featured Trainers:

Susan Storti, PhD,
RN, CARN-AP

Steven R. Storti, BA,
LCDP

Sponsored by:

- California Department of Alcohol and Drug Programs
- UCLA Integrated Substance Abuse Programs
- Pacific Southwest Addiction Technology Transfer Center
- County Alcohol and Drug Program Administrators' Association of California
- California Department of Veterans Affairs
- NIDA Clinical Trials Network - Pacific Region Node & California/Arizona Node
- County of Los Angeles Department of Public Health, Alcohol and Drug Program Administration
- Orange County Health Care Agency, Behavioral Health Services
- Sutter/Yuba Mental Health Services, Alcohol and Drug Services
- Santa Clara County Department of Alcohol and Drug Services



These regional trainings are part of a series of research-to-practice training events that have taken place throughout California since 2004.

Purpose and Objectives

The battle may be over, but for many, the struggles have just begun. Returning military members often face bio-psychosocial challenges that undermine their ability to maintain healthy relationships and lead fulfilling lives. Community treatment providers are a key link when individuals and families begin to fray under these pressures. This training, the second in the series to focus on veterans issues, will examine the specific challenges returning military members, veterans, and their families endure, describe the manifestations of combat-related stress and substance abuse and how this may alter an individual's clinical presentation, and identify appropriate assessment and treatment interventions.

At the end of the daylong training, participants will be able to:

- Describe how the cycle of deployment affects returning military members and their families;
- Discuss the nature of combat stressors and their role in the development of mental health disorders and substance abuse;
- Recognize physical and psychological reactions that may be exhibited in response to stress;
- Describe assessment considerations when working with returning military members and their families;
- Identify the pharmacological and psychosocial interventions useful for treating returning military members;
- Discuss treatment planning considerations for working with returning military members and/or their families;
- Explain the concept of resiliency and its possible benefits in the treatment of addiction and posttraumatic stress symptomatology; and
- List local, regional, and national resources available to assist returning military members, veterans, and their families.

An Important Note Regarding the Scope of Training

The primary purpose of the spring 2010 CATES training series is to provide an opportunity for behavioral healthcare practitioners to learn about vital components of effective service provision for returning military members, veterans, and their families, and to network with existing community resources, local experts, and Veterans Service Organizations. While participants will

not become experts as a result of attending this one-day training, they will enhance their understanding of the culture of the military and the consequences of combat, and they will learn how to create a veteran-friendly therapeutic environment. In addition, they will develop an appropriate referral network, so that they can effectively engage and assist in the treatment of this population.

Funding for this training series was made possible in part by cooperative agreement 2UD1TI0135094-08 and additional support from the Substance Abuse and Mental Health Services Administration.

Continuing Education (CE)

Six continuing education credits/contact hours (CEs/CEHs) are available for several disciplines at no additional cost.

UCLA Integrated Substance Abuse Programs (ISAP) is approved by the American Psychological Association to sponsor continuing education for psychologists. UCLA ISAP maintains responsibility for this program and its content.

UCLA ISAP is also an approved provider of continuing education for MFTs and LCSWs (CA BBS, #PCE 2001), CADCs (CAADAC, #2N-00-445-1111), CATCs (CAADE, #CP 20 809 C 0710), and CASs (BCAS/CAARR, #5033). The UCLA School of Nursing is approved by the California Board of Registered Nursing, Provider #9542, for 6.0 contact hours.

The spring 2010 CATES training series qualifies as work-related education (WRE) through the State of California Corrections Standards Authority's Standards and Training for Corrections (STC) Program. Interested individuals can apply for training credit through their respective training units.

Note: Continuing education credits/contact hours will only be provided to those individuals who participate in the entire training. Partial credit for less than complete participation will NOT be offered.

Target Audience

The audience for CATES regional trainings is substance abuse and mental health treatment providers (e.g., counselors, case managers, program directors, executive directors, and administrators), Veterans Service Organization representatives, researchers, psychologists, marriage and family therapists, social workers, educators, law enforcement personnel, nurses, physicians, policy makers, students, and community members interested in the latest

information on the scope of PTSD and substance abuse and the challenges faced by returning military members and their families.

Registration and Training Time

Registration will occur from 8 a.m. – 9 a.m., and the training sessions are scheduled to commence at 9 a.m. and conclude at 5 p.m. Pre-registration is highly encouraged. Please complete the registration form located on Page 4, or register online at www.psattc.org. A detailed confirmation letter will be sent to you via e-mail upon receipt of completed registration information and payment. Please contact Grant Hovik at 310-267-5408 or ghovik@ucla.edu if you have special needs (e.g., ADA access, American Sign Language interpretation, etc.).

Tuition (includes all course material and continuing education)

Pre-registration..... \$95.00
On-site registration..... \$115.00

Lunch will not be provided. Participants will be responsible for making their own lunch arrangements.

Scholarships

A limited number of reduced-rate scholarships (at \$10 and \$40) are available for each training session. Please make requests in writing to Alexandra Olson (aolson@ucla.edu) at least 3 weeks prior to your selected training. Scholarship requests will be accepted up to a week prior to the selected training date, and notifications will be made in writing to each recipient.

Cancellation Policy

Notice of cancellation must be made at least 72 hours in advance of the selected training date in order to receive a refund, minus \$25 for administrative processing. Otherwise, registration fees are non-refundable.

Online Credit Card Registration

For secure credit card registration (Visa, MasterCard, Discover, or American Express), please register online at **www.psattc.org**.

Mail-in Registration

Name: _____ Degree(s): _____

Agency: _____

Job Title: _____

Address: _____

City: _____ State: _____ Zip: _____

County: _____

Phone: () _____ Fax: () _____

E-mail*:

* I'd like to receive e-mail notices about future trainings.

Check which type(s) of CE credit you need:

Psychologist CADC CAS MFT/LCSW CATC RN

Certification/License #(s) _____

Check which training you would like to attend:

Los Angeles County, Feb. 17 Orange County, Feb. 19

Sutter/Yuba Counties, April 27 Santa Clara County, April 29

Preregistration fee..... \$95 (Please note that the on-site fee is \$115.)
(CE credit included in registration fee.)

Total Paid _____

Please make check payable to **UC Regents**.

Mail this form and payment to:

UCLA ISAP, ATTN: Grant Hovik
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Los Angeles, CA 90025-7535
(310) 267-5408
ghovik@ucla.edu