

The Mid-Atlantic ATTC announces the availability of

Motivational Groups for Community Substance Abuse Programs,
authored by Karen Ingersoll, Christopher Wagner and Sandra Gharib.

This 127 page manual is intended to provide guidance to the substance abuse treatment counselor working in public sector settings who wants to use motivational techniques in a group treatment modality. The guide is divided into four parts.

The first three sections are aimed primarily at the clinician, and include an introduction to the philosophy of Motivational Interviewing, the techniques and skills needed to practice motivational counseling, guidelines on converting individually-based motivational counseling techniques for use in groups, format and content for motivational groups, and tips on implementing motivational groups and services. Part Four discusses various methods for employing motivational counseling services in community agencies, and will be useful for clinicians, supervisors, and program planners.

