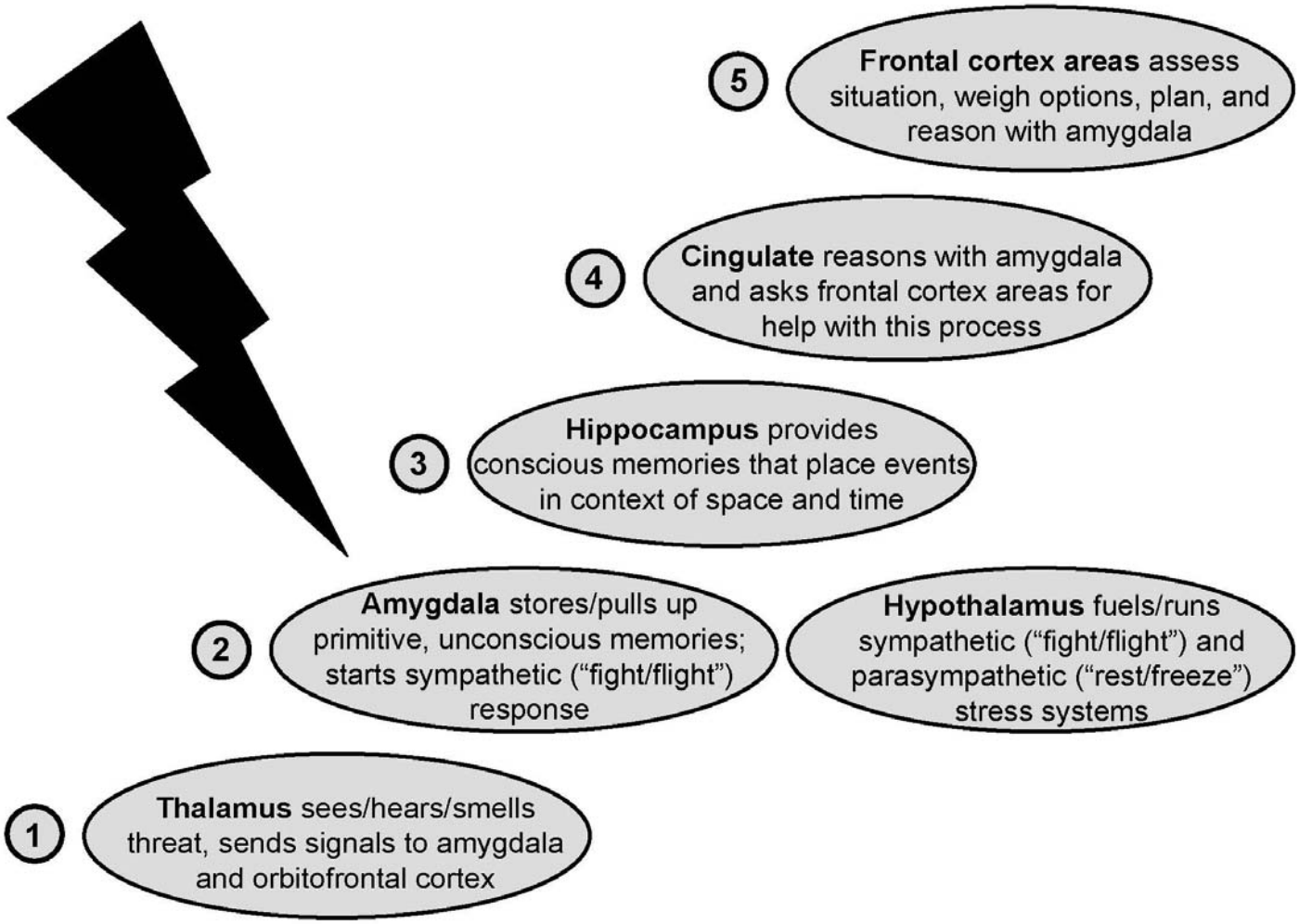The Brain's Response to Stress and Threat