



National Office
ATTC

Unifying science, education
and services to transform lives.

In Celebration of
RECOVERY MONTH 2009

“In My Own Words...”

Essay Contest Sponsored by the
ATTC National Office



> The ATTC National Office wants to hear your story!

In recognition of Recovery Month 2009, the Addiction Technology Transfer Center (ATTC) National Office would like to share **YOUR STORY** of recovery!

As students struggling and confronting the disease of addiction, you have a unique perspective to share about the reality of recovery. Your stories can bring hope and inspiration to other young adults who are battling to overcome their own addiction.

PRIZES

The top three submissions from Recovery High School students and the top three submissions from students attending a Recovery College will receive:

First Place: iPod Touch
Second Place: iPod Nano
Third Place: iPod Shuffle

**Each entrant will also receive a certificate and special thank you gift.*

> Guidelines

In your own words, write an essay in which you tell us about your recovery experience. Please use the following statements as the basis for your response:

1. The most challenging part about being a student in recovery is ...
2. Throughout my journey, I have been motivated to stay in recovery because ...

Your essay should be no more than 250 words, typed, double-spaced in 12 point font.

INFORMED TREATMENT. INSPIRED TOMORROWS.



>Rules and Regulations: “In My Own Words...” Essay Contest

Judging Criteria

Essays will go through two rounds of judging. First, the ATTC National Office will select the top 20 essays. Those essays which make it through the first round will be judged by an Essay Review Board composed of ATTC Network Steering and Association of Recovery Schools board members. All essays will be judged on three unique criteria: (1) quality of writing; (2) thoroughness of response to each open-ended statement as outlined previously; and (3) overall impression and impact of essay. Essays should be no more than 250 words, typed, double-spaced in 12 point font.

Submission Guidelines

The “In My Own Words...” Essay Contest opens September 1, 2009 and closes October 16, 2009. **All entries must be received by midnight, Central Standard Time, on October 16, 2009.** Please send your entry, along with your name, phone number and e-mail address, to Deann Jepson at jepsond@ATTCnetwork.org or fax to 816-235-6580. If faxing your submission, please include the signed Registration Form below. For questions contact Deann at 816-235-6984, ATTC National Office, UMKC, 5100 Rockhill Road, Kansas City, MO 64110.

Notification

The ATTC National Office will notify winners by phone no later than October 30, 2009. Essay winners will be announced in the November 2009 electronic publication of *Eye on the Field* and on the ATTC Network Web site.

Release

By submitting an entry to this essay contest, entrants give the ATTC National Office permission to use their name (**first name only**) and essay submission in the electronic publication, *Eye on the Field*, on the ATTC Network Web site, and in any other ATTC Network marketing materials or publications deemed appropriate by the ATTC National Office.

Eligibility

Anyone currently enrolled in a Recovery High School or College program. Former and/or current ATTC Network staff and/or consultants are ineligible to participate in the “In My Own Words . . .” Essay Contest.

REGISTRATION FORM

“In My Own Words...” Essay Contest

Name: _____

Address: _____

City, State, Zip: _____

Phone: _____

Email Address: _____

Release: I hereby give the ATTC National Office permission to use my name (first name only) and essay submission in electronic publications, and in any other ATTC Network marketing materials or publications deemed appropriate by the ATTC National Office.

Signature: _____

Date: _____